



December 10, 2007

Mr. Paul Berger  
3223 Nottage Lane  
Falls Church, VA 22042

Dear Paul,

On behalf of the Mid Atlantic Board of the American Heart Association, I write this letter to inform you that you have earned the honor of being named the American Heart Association's Virginia *You're the Cure* Advocate of the Year!

Your efforts, along with the active support of other members of the American Heart Association's grassroots advocacy network, have led to impressive public policy successes throughout the region this year. Because of you, we are celebrating legislative triumphs, such as the Maryland Comprehensive Clean Indoor Air Act; North Carolina state budget appropriation to improve stroke patient care; Twenty-eight million in funding to fight childhood obesity in South Carolina; and the Virginia Joint Commission on Health Care's commitment to policies that will improve stroke patient care throughout the Commonwealth.

In addition, we achieved unprecedented growth of our *You're the Cure* network, including a dramatic increase in the number and frequency of responses to action alerts sent to policymakers and elected officials. All of these accomplishments were made possible only through the efforts of passionate advocates like you, who give generously of their time and inspire others to take action.

As Past President of the Mid-Atlantic Board of Directors, I want you to know how much you are valued and to thank you for your leadership. You volunteer work with us this year was instrumental in improving the health, well-being, and quality of life for people in your community, your state, and your nation. We appreciate all you have done, from responding quickly to action alerts, serving on state public policy committees, meeting with legislators, speaking to the media, testifying at legislative hearings, writing/signing letters to the editor and opinion editorials, and attending rallies and lobby days.

The American Heart Association's mission is to build lives, free of cardiovascular diseases and stroke, and we know that our goals depend upon the commitment and active engagement of volunteers like you who share our vision.

Sincerely,

Daniel T. Lackland, M.S.P.H., Ph.D., F.A.H.A.  
Past President  
American Heart Association Mid-Atlantic Affiliate Board of Directors